

## Helpful Melissa

Melissa, aged 11, was a typically inquisitive person, quite natural for her age. One day, when she was shopping with her friends she saw a man walking in a strange way, limping as he walked. He stopped at a bus stop, leant against the bench and looked like he was in pain. She stopped to see if he was all right.

As he took off his boots and rubbed his feet he sighed "Ahhhhhh".

"What's the matter with your feet" said Melissa?"

"They ache like mad", said the man, quite grumpily at first but then he saw that Melissa was genuinely concerned for him and he smiled at her. "I've had a sore foot for ages and I have to stop every so often to rest and rub them before I can walk any further."

"I want to be a Podiatrist when I leave school " she said. Have you been to see one?"

"What's a Podiatrist? " he replied.

"A Podiatrist," she said with confidence, " is just the person to look at your foot and sort out your pain. They really know how to help people with foot and leg problems. I sometimes go with my Grandma to see her Podiatrist and she always says how comfortable she is when she comes back home. That's why I want to be one when I leave school" she said.

"Well how do I get to see a Podiatrist", said the man, now able to put his shoes back on.

"My grandma asked her doctor but you also call in to the Podiatry surgery, there's one down the High Street, next to the Dentists".

"Come on Melissa" shouted her friends impatiently.

"Thank you young lady" said the man." I'll do just that because I can't go on in this pain much longer".

## Professor Pod says "not everybody knows about podiatrists like Melissa. Podiatrists may work in the National Health Service as well as in their own surgeries. If you want to see a Podiatrist, look for the letters MChS and the word Podiatrist.

## Please Note

Podiatrist – only those registered with the Health Professions Council can use this title. This is a safeguard for the general public.

MChS – this person is a member of the Society of Chiropodists and Podiatrist and has undertaken at least a 3-year full-time course of study to gain professional qualifications.

Medipod Clinics